SUMMARY
Since 2003, Transportation Technology Center, Inc. (TTCI) has been evaluating the effects of rail grinding on the performance of high-hardness premium rail at the Facility for Accelerated Service Testing (FAST). A 6-degree test curve is divided into three test sections, representing two different grinding practices, as well as unground rail. There are three types of rail in each section—two of approximately 395 Brinell hardness number (Bhn) and one approximately 370 Bhn. By the spring of 2007, 515 million gross tons (MGT) of traffic had accumulated on the rails (Figure 1).

The following results, which are typical at FAST (revenue service conditions may differ), provide insights into the effects of wheel/rail contact conditions and rail mechanical properties on rail performance.

State-of-the-art, high-hardness rail required little or no grinding. Unground rail developed only minor, isolated rolling contact fatigue (RCF), and had no internal railhead defects. Because wheels on the test train at FAST tend to wear to a shape conformal with the rail, and the gage face of the high rail and the top of the low rail are lubricated, contact stresses remained acceptable throughout the test.

Compared to the unground rail, total metal loss in the preventive grinding zone was approximately 77-percent higher on the high rail and approximately 240-percent higher on the low rail. The metal removed by preventive grinding was the primary reason for the increase; wear rates were similar.

The 370 Bhn rail wore and deformed more than the 395 Bhn rails. The difference in wear was approximately 15 percent on the high rail.

A profile intended to produce higher contact stresses resulted in more RCF, but the RCF was not severe. There is much less RCF on the low rail of the lubricated 6-degree curve, than there is on the low rail of the unlubricated 5-degree curve at FAST.

Unrelated to rail grinding tests, there were six rail breaks originating at base defects in the 395 Bhn test rails. No breaks were found in the 370 Bhn rail.

Figure 1. Condition of Unground Rails after 515 MGT
Low Rail (left), High Rail (right)
BACKGROUND

Rail grinding tests at FAST have evaluated various grinding strategies, with metal removal amounts and grinding intervals recommended by railroad technical advisory groups (TAG). Variables that can affect defect occurrence in rail can be controlled more easily at FAST than in revenue service. These variables include rail lubrication, wheel profiles, and train handling. The objectives of the rail profile grinding test at FAST include evaluating the effect of various grinding practices on rail surface condition, defect occurrence, wear life, and vehicle curving.

OBJECTIVES

The rail profile grinding test evaluated the effects of various grinding practices on premium rail. The test curve was divided into three zones, (Figure 2). Each zone represented one grinding practice, and within each zone were three types of 141-pound (lb) rail:

- Nippon Steel Corporation
  - High-carbon Hypereutectoid (HE) 400, approximately 400 Bhn
- Rocky Mountain Steel Mills
  - 1 percent Carbon Pearlite, approximately 395 Bhn
- Rocky Mountain Steel Mills
  - Deep Head Hardened (DHH) 370, approximately 370 Bhn

METHODS

TTCI evaluated the following grinding practices:

- Preventive Grind: The rail was ground at approximately 30 MGT intervals. An average of 0.011 square inch of metal was removed from the high rail and 0.016 square inch from the low rail with the goal of producing a two-point conformal profile on the high rail and an 8-inch crown radius on the low rail. Grinding also removed surface damage such as RCF cracks and spalls.
- High-Contact Stress Zone: Intentionally grinding the rails to create a mismatch between the rail profile and the average worn-wheel profile at FAST created a high-contact stress zone. TTCI's proprietary WRTOL™ software was used to develop the ground rail profiles that led to poor wheel/rail interaction. WRTOL is a software package that assesses wheel/rail contact conditions to predict RCF, wheel/rail wear, and vehicle performance. Principal outputs are contact stress, wheel rolling radius difference, and contact angle. A database of typical wheel profiles at FAST was generated and compared to rail profiles at FAST.
- No Grind (control) Zone: This zone was not to be ground unless it would compromise safety, or necessitate the removal of the rail. The rail was unground in 515 MGT of traffic.

RESULTS

The results of this test were consistent with the results of previous grinding tests on premium rail at FAST. Clean high-hardness premium rail is resistant to RCF and to development of transverse defects. When adverse wheel profiles are avoided, and conditions that produce high vehicle dynamic forces are addressed, the need for grinding can be greatly reduced. Under the conditions at FAST, namely:

- Conformal, uniform wheel/rail contact conditions—no severely hollow wheels,
- Consistent, overbalance speed with limited braking and acceleration,
- Lubrication on the gage face of the high rail and on the top of the low rail, and
- Dry climate.
The premium rails in the unground zone developed only light, isolated RCF in 515 MGT of traffic, and there were no rail breaks initiating in the head of the rail. Because it is difficult, if not impossible, to achieve these conditions in revenue service, rail grinding there can extend the life of premium and standard rail.

**Rail Conditions in the Preventive Grind Zone**

The grinding in the preventive grind zone is similar to what many railroads practice; i.e., light metal removal at regular intervals, and was recommended by the rail grinding TAG. This grinding practice was effective in removing shallow cracks and checks from the surface of the high rail. The surface condition of that rail was better than the high rails in the other two zones. On the low rail, the 8-inch crown radius concentrated contact in the center of the rail and resulted in slightly more RCF than was observed on the unground low rail.

**Rail Breaks**

There were no rail breaks initiating in the head of the rail, but six breaks did initiate in the base of the rail. These breaks are not related to grinding practices, but noted here as they may be affected by the mechanical properties of the rails. All six breaks were in the higher hardness rails, and all initiated mechanical damage at the base of the rail. The mechanical damage was caused by interaction between rails, tie plates, and fasteners in all cases. Such damage is nearly unavoidable during high tonnage, heavy axle load (HAL) operations. Previous tests have suggested that high hardness in the base of the rail may reduce the toughness of the base and increase the likelihood of rail fractures initiating at mechanical damage.

**Metal Loss**

Total metal loss in the preventive grind zone was approximately 77-percent higher than the unground zone on the high rail, and approximately 240-percent higher on the low rail (the high-contact stress zone is excluded because it is an atypical practice, and heavy metal removal was required to achieve the desired profiles). The metal removed by grinding was the primary reason for the increase; natural wear rates were similar in the unground and preventive grind zones (Figure 3).

The DHH 370 rail showed slightly more metal loss and more wear than the higher hardness rails. Figure 4 shows results for the high rail. There was less difference on the low rail where the amount of metal removed by grinding far exceeded metal loss from natural wear.

**Effects of High-Contact Stress Profiles**

High-contact stress profiles were ground on both the high and low rails of one zone after 150 MGT. The upper gage corner of the high rail and the field side of the top of the rail were heavily ground. This produced an exposed gage corner and a narrow contact band on the top of the rail. The field side of the top of low rail was heavily ground to narrow the contact band, and to move it toward the gage side of the rail (inhibiting vehicle curving). Figure 5 shows profiles illustrating these grind patterns.

These profiles were maintained when the rail was ground at approximately 30 MGT intervals. WRTOL analysis of the modified profiles predicted an increase in contact stress and a concentration of the stresses. The high rail of the high-contact stress zone showed more RCF than the high rails of either of the other two zones, but did not become problematic. The RCF was not on the gage corner, but on the head of the rail. The low
rail of the high-contact stress zone showed RCF similar to that in the preventive zone. The presence of lubrication, as was on the gage corner of the high rail and the top of the low rail at FAST, can have a mitigating effect on RCF. A further illustration of this is a comparison of the condition of the unground low rail in this curve, with that of the ungound low rail in an unlubricated (but contaminated) 5-degree reverse curve at FAST. The premium rail in the unlubricated curve developed significant RCF after 265 MGT. The unground rail in the lubricated curve was in good condition after 515 MGT. Other studies have also shown that top of rail lubrication can reduce RCF.3

REFERENCES

ACKNOWLEDGMENTS
Rocky Mountain Steel Mills and Union Pacific for donating rail. And to UP for donating rail train.

CONTACT
Len Allen
Federal Railroad Administration
Office of Research and Development
1200 New Jersey Avenue, SE
Washington, DC 20590
Tel: (202) 493-6356
Fax: (202) 493-6333
Email: Len.Allen@dot.gov

KEYWORDS:
Rail profile grinding

Notice and Disclaimer: This document is disseminated under the sponsorship of the United States Department of Transportation in the interest of information exchange. Any opinions, findings and conclusions, or recommendations expressed in this material do not necessarily reflect the views or policies of the United States Government, nor does mention of trade names, commercial products, or organizations imply endorsement by the United States Government. The United States Government assumes no liability for the content or use of the material contained in this document.